Termonfechin Lancers

	Figure 1 Reels	144 Bars
(a)	Lead around; All couples lead around, ladies' hands on gents' shoulders, gents' right arms around ladies' waists.	8 Bars
(b)	Advance and retire, dance at home; All couples advance and retire once, and then in waltz hold dance at home.	8 Bars
(c)	Top ladies right hand in, dance back to back with partner. Top ladies right hand in right, dance around each other in centre and back to partner, dance back to back, right shoulder to right, with their partner.	8 Bars
(d)	Tops advance and retire, Top couples advance and retire, (hands by side) advance again, gents taking opposite lady's right hand in right, retiring turning new lady anticlockwise under right hand.	8 Bars
(e)	Top couples house; Top couples house around in waltz hold.	8 Bars
(f)	Side Couples repeat (c) to (e) Side couples repeat (c) to (e)	24 Bars
(g)	Tops advance and retire; Top couples right hand in right advance and retire, advance again and the lady retires to the gents' left.	8 Bars
(h)	Top couples dance around; Top couples dance around clockwise (ducks) to own place	8 Bars
(i)	Top ladies right hand in right; Top ladies right hand in right, dance around in centre and back to partner, dance back to back with partner.	8 Bars
(j)	Swing; All couples swing	8 Bars
(k)	Side couples repeat (g) – (j) Side couples repeat (g) – (j)	32 Bars
(I)	All couples house to finish; All couples house around to finish	8 Bars

	Figure 2 Reels	168 Bars
(a)	Lead around advance and retire, dance at home;	16 Bars
	All couples lead around, advance and retire, dance at home as in Figure 1	
(b)	Top couples house;	8 Bars
	Top couples house around	
(c)	Top couples dance to the right, reverse to opposite, pass through;	8 Bars
	Top couples dance to the right in waltz hold, reverse to opposite, pass	
	through centre, pass their partner left shoulder to left, lining up with sides	
(d)	Advance and retire twice, gent takes lady from left;	8 Bars
	Advance and retire twice in a line of four, gent takes lady from the left on	
	the last two bars.	
(e)	Swing in Four;	8 Bars
	Top couples swing with couple on right, breaking back to place on last 2	
	bars.	

(f)	Top couples repeat (b) – (e);	32 Bars
	Top gents repeat (b) – (e) with new lady	
(g)	Side couples repeat (b) – (f)	64 Bars
	Side couples repeat (b) – (f) swinging in four with the couple on their right	
(h)	All Circle and House:	16 Bars
	All couples circle, advance and retire twice and house to finish.	

	Figure 3 Fling	160 Bars
(a)	Lead around;	8 Bars
	All lead around as in figure 1	
(b)	Dance in and out, double in place;	8 Bars
	All couples dance into the centre and out, double in place. Repeat this	
	movement.	
(c)	Top couples dance across;	8 Bars
	Top couples dance a square, giving right hand to opposite, left hand to	
	partner, right to opposite and left to partner.	
(d)	Top ladies chain;	8 Bars
	Top ladies chain in the centre, dance one and a half turns finishing with	
	opposite gent. Gents turn anticlockwise in place.	
(e)	Top couples dance Diamond 7's;	8 Bars
	Top couples dance diamond sevens.	
(f)	Sides repeat (c) – (e)	24 Bars
	Side couples repeat (c) – (e)	
(g)	Top couples repeat (c) – (e)	24 Bars
	Top ladies finish back with their own partner.	
(h)	Side couples repeat (c) – (e)	24 Bars
	Side ladies finish back with their own partner.	
(i)	All couples circle, advance and retire;	8 Bars
	All couples circle, advance and retire twice.	
(j)	All chain;	8 Bars
	All couples chain all around, turning partner under anti-clockwise when	
	they meet half way, chain to home, turning partner under at home.	
(k)	Repeat (b);	8 Bars
	All couples repeat (b) above.	
(l)	All couples house to finish;	8 Bars
	All couples house around to finish	

	Figure 4 Slides	160 Bars
(a)	Double lead around; All take crossed hands and lead around, turn lady and lead back again	16 Bars
(b)	Diamond Square and slide to centre; All couples dance diamond square, all slide in and out twice (slide in slide lift, slide out 123)	16 Bars
(c)	Ladies star and move; All ladies right hand in centre, left arm around opposite gent, gents send the ladies onto the gent on the left. That gent turns the lady under with right hand.	8 Bars
(d)	Lead around once; All couples with crossed hands lead around once.	8 Bars
(e)	Repeat (b) to (d); Repeat (c) to (d) until back with own partner.	96 Bars
(f)	All lead around All couples lead around again. (A double lead around with their own partner.)	8 Bars